March 21, 1994 No. 121

**Designer Medicine Men**

The Clintons’ health care task force blames part of the rising cost of health care on the emergence of too many medical specialists. The Clinton proposal would decree that no more than 45% of medical school graduates would be allowed to go on to become specialists. The rest would be forced to become general practitioners. Furthermore, the limited slots for specialty training would be distributed by region and allocated by ethnic and gender quotas.

The specialist provision is both bizarre medicine and bizarre economics. How can something cost too much and be in glut? Normally, over-supply is associated with depressed prices. For example, a bumper harvest of wheat results in lower wheat prices, a bane to the farmer but a boon to consumers.

On the other hand, an increase in demand for an item raises prices. If a fad sweeps the nation, the price of the adored item zooms, or shortages develop. Witness the not-available-at-any-price-the-week-before-Christmas phenomenon of the cabbage patch dolls of a few years ago.

When customers demand more of a product or service, they bid up the price, signalling producers to supply more. Enormous advances in medical technology have made better treatments possible. The public is eager to buy those treatments. But specialists have to be trained to deliver the new techniques. The higher earnings of those so trained encourages more students to enter those fields. Thus the consumers (patients) have called forth a greater supply of the specialists. This is the only explanation consistent with higher prices and higher production -- a demand-driven expansion of the industry.

The Clintons seem to think, instead, that the specialists invented themselves, and somehow force patients to come to them and pay higher prices. The idea that there are simultaneously too many specialists and that they are nonetheless able to charge too much flies in the face of every known economic law.

The Clinton proposal attacks symptoms without any regard to or understanding of their cause. To reduce health care spending, the Clintons’ program tries to slow patients’ access to advanced, high tech, and more costly medicine. If doctors are not trained in such medicine, they won’t prescribe it, and that will hold down the cost. But surely that can’t help the patient. Keeping physicians in the dark can hardly shed light on a patient’s condition.

The benefits of seeing a specialist are pointed out forcefully in a recent article by Malcolm Gladwell¹. He points out that, when someone has a back pain, the cause may most often be simple muscle strain, but the same symptoms could be due to a crushed disc or even to various cancers or an abdominal aneurysm. The latter three causes are less common, but obviously more urgent to diagnose and treat correctly, with the latter two causes requiring the services of radiologists, oncologists, or vascular surgeons. A back specialist may be familiar with the subtle differences in symptoms that might distinguish

---

¹ IRET is a non-profit, tax exempt 501(c)(3) economic policy research and educational organization devoted to informing the public about policies that will promote economic growth and efficient operation of the free market economy.

1331 Pennsylvania Ave., N.W., Suite 515, Washington, D.C. 20004 Phone: (202) 347-9570
one cause from another, while a general practitioner may not. The specialist’s training and experience can make the difference between life and death. If the patient is first forced to see a "primary care physician" who is being pressured not to refer patients to neurosurgeons, orthopedic specialists, or oncologists, a dangerous condition may go untreated.

Going to a general practitioner first may not always be appropriate or economical, and may even be dangerous. A patient who calls his GP at 3 a.m. to report severe chest pains is usually told to go straight to the hospital to see the cardiac experts; he is not told to take two aspirin and come in for an office visit in the morning.

Supposedly, the goal of cost containment is to hold down the unit cost of health care to facilitate access to care for those who cannot now afford it. In practice, the Clintons would impede access to quality health care to hold down the total cost to government. It appears that their real concern is the absorption of government revenue by government health care spending, revenue they would prefer to spend on other more politically attractive uses. Politics is no reason to prohibit anyone from buying advanced care to stay alive or maintain quality of life.

Stephen J. Entin
Resident Scholar

Endnote


Note: Nothing here is to be construed as necessarily reflecting the views of IRET or as an attempt to aid or hinder the passage of any bill before the Congress.